

PARENT BRAG SHEET

Student's Name _____

Date _____

Parent's Name _____

Counselor _____

Parents: Please complete this form so that your child's counselor will have information which may be helpful in writing letters of recommendation. Feel free to use additional pages if necessary. This form should be returned to your child's counselor upon completion.

1. What do you consider to be your child's outstanding accomplishments during the past three or four years? Why did you select these as most important?

2. In what areas has your child shown the most development and growth during the past three or four years?

3. What do you consider to be his/her outstanding personality traits? Describe a situation in which these qualities were evident.

4. If you had to describe your son/daughter in five adjectives, what would they be? Please include an example to illustrate each one.

a.

b.

c.

d.

e.

C(a)

5. Based on your observations over the last three years, what classes has your son/daughter enjoyed most? Least? What does that say about his/her approach to learning?

6. Describe an activity (*school, community, athletic, extracurricular*) to which he/she has devoted extensive time and effort during the last two years. What do you think was gained from participation in this activity?

7. Describe a particular challenge or disappointment which your son/daughter has handled effectively.

8. Are there *any* other unusual circumstances that have affected your child's educational or personal accomplishments? If so, please explain.

9. Please list specific colleges your child is considering attending.

- a.
- b.
- c.
- d.

What can he/she contribute to these colleges if selected for admission?

10. Use the space below to tell us anything else about your son/daughter that you think we need to know.

Thank you for your time. Please return the completed form to your child's counselor. It will become part of the student's college application file.